Cartwheel

2025-26 Webinar Series

For Parents, Caregivers & School Staff

If you think your child or student could benefit from skill building and/or mental health support, Cartwheel is here to help.

Learn More

Cartwheel's free webinar series provides caregivers and school staff with practical tools to support student and family wellness and mental health. **Can't attend live? Register to get the replay.**

Sept 17 at 12pm ET

You Are Not Alone: Strategies for Parents & Caregivers to Support Their Children's Mental Health

Christine M. Crawford, M.D., M.P.H.

Register Here

Oct 8 at 12pm ET

From Conflict to Connection: How Families and Schools Can Work Together to Break the Cycle of Bullying

Fabian Ramirez

Register Here

Nov 12 at 12pm ET

Supporting Students Together: Understanding Assessments & School Collaboration

Ellen Braaten, Ph.D.

Register Here

Dec 10 at 12pm ET

Talking to Children About Grief and Loss in Developmentally Friendly Ways

Mekel Harris, Ph.D.

Register Here

Jan 14 at 7pm ET

Building Resilience and Emotional Exposure in Kids

Alex Hirshberg, Psy.D.

Register Here

Feb 11 at 12pm ET

Promoting Healthy Relationships with Food and Body in Schools

Dana Sedlak, LCSW, CEDS-C

Register Here

Mar 11 at 12pm ET

Navigating the Tough Talks: Strategies for Talking to Teens about Substance Use

Amy McCarthy Baluch, LICSW

Register Here

Apr 15 at 12pm ET

5 Keys to Parenting a Child with ADHD

Erin Schoenfelder Gonzalez, Ph.D.

Register Here

May 12 at 7pm ET

Learning How to Recognize and Treat Youth with OCD and Related Disorders

Erica Greenberg, M.D.

Register Here

June 4 at 12pm ET

Supporting Boys: Mental Health Strategies for Young Men

Chris Smith

Register Here

Cartwheel partners with schools to provide a evidence-based telehealth services for students, families, and school staff through 1:1 teletherapy, psychiatry, family therapy, parent guidance, and staff therapy.
Learn more at: www.cartwheel.org/families

View the full webinar calendar here.